

## Nyng Ne Mantra

Om Jigten Gonpo La Ch'Ag Tsal Lo  
Jigten Lama Sid Pa Sum Gyi To Pa Po  
Lhayé Tsowo Du Dang Tsang Pe To Pa Po  
Thub Pai Gyal Chog To Pe Drub Par Dze Pa Po

Om I prostrate to the Lord of the Three Worlds  
Jigten Gonpo, the Lama of Samsara who is praised by the Three Worlds  
Praised by the king of the gods, Bhrama, and the king of the maras  
You who are established by the praise of the supreme Buddhas

Jigten Sumgyi Gonpo Chog La Ch'Ag Tsal Lo  
De Sheg Pagme Ku Te Ku Zang Dzingpa Po  
De Sheg Nangwa Thaye U Gyen Dzin Pa Po  
Ch'Ag Ye Chog Jyin Yi Tag Tre Kom Selwa Po

I prostrate to the lord of the Three Worlds who possesses the  
Dharmakaya, which is the body of all the Buddhas  
You are adorned by the head of Buddha Amitabha,  
Who dispels the hunger and thirst of the hungry ghosts by giving with the  
right hand  
The left hand is adorned by a golden lotus. Your hair is golden, sweetly  
scented

Ch'Ag Yon Sergyi Padme Nampar Gyan Pa Po  
Dri Zhim Ral Pa'i Threngwa Mar Ser Khyug Pa Po  
Zhal Regyepa Dawa Ta Bur Dzepa Po  
Chengyi Padma Chog Ta Zang Zhing Yangpa Po

And you have a full moon face with elongated, lotus eyes.  
You are white like the snow and the conch shell.  
You who hold the stainless, radiant pearl rosary,  
Are adorned by a beautiful aura, the color of the morning sunrise.  
Your hands are even, like a lotus lake: you are youthful and have the  
color of a cloud in the clear autumn sky.

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Khawa Dung Tar Namkar Dri Nge Den Pa Po  
Dri Me Od Chag Mu Tig Tsom Bu Dzin Pa Po  
Dze Pai Wozer Kya Reng Marpo Gyen Pa Po  
Padmai Tso Tar Chag Ni Ngar Wa Jyepa Po

Your shoulders are ornamented by many jewels, your hands are youthful and smooth like fresh petals.

Your left breast is covered by the skin of an antelope, and jewels adorn your ears.

You are standing on the stainless, fresh lotus.

Your skin is smooth like lotus petals, and your golden belt is bejeweled.

Ton Kai Trin Gyi Dhog Dang Den Zhing Zhon Pa Po  
Rinchen Mangpoe Pung Pa Nyi Ni Gyan Pa Po  
Lo Mai Chog Tar Ch'Ag Thi Zhon Zhing Jampa Po  
Ri Tag Pag Pe Numa Yonpa Kab Pa Po

You are the one who wears the precious cotton lower robe;  
The one who possesses the supreme wisdom and has crossed the ocean of samsara

You who achieved the supreme realization and collected vast merits,  
Are the constant source of happiness, dispelling aging and sickness

Nyen Cha Du Bue Geg Ching Gyan Nam Chang Wa Po  
Dri Ma Medpa Padmai Chog La Ne Pa Po  
Tewai Ngue Ni Padmai Dab Tar Jampa Po  
Sergyi Ka Rak Chog La Norbu Tre Pa Po

You who liberate all sentient beings from the three lower realms  
And leads them to the Buddhafield, are supreme over all beings  
And victorious over the powers of the maras.

Your golden ankle bracelets make beautiful sounds,

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Ta Zur Tri Pai Re Zang Sham Thab Dzin Pa Po  
Thub Pai Kyen Chog Tso Chen Pharol Chinpa Po  
Chog Nye So Nam Mangpo Nye War Sagpa Po  
Tag Tu Dewai Jung Ne Ga Ne Sel Wa ༄

Sum Tar Dze Ching Kha Choe Choe Pa Ton Pa Po  
Lue Chen Chog Te Due Pung Thrug Le Gyalwa Po  
Sergyi Kang Dub Dra Yi Zhab Yi Ongwa To  
Tsang Pai Ne Pa Zhi Yi Wen Par Dze Pa Po

And you are enriched by the four immeasurable qualities.  
You walk like the king goose and the graceful elephant.  
You are completely accomplished and give the teachings  
You are the one who crosses the ocean of milk and water.

Ngang Pai Dro Dra Langchen Dreg Tar Sheg Pa Po  
Yong Shog Nye War Sak Shing Tenpa Nyerwa Po  
Wo Mai Tso Dangchu Yi Tso Le Drol Wa ༄  
Gang Zhig Tag Tu Tho Rang Lang Ne Gue Pa Yi

Chenrezig Kyi Wangpo Yi La Sem Je Ching  
To Pai Chog Di Dag Ching Sal War To Jye Na  
De Ni Kye Pa'm Ni Bu Med Ying Yang Rung  
Kye Wa Di-Am Ma Ong Kye Wa Tam Che Du

If one who awakens at dawn, holds Chenrezig in the mind with devotion,  
Will say these prayers clearly without mistakes,  
Whether male or female, either in this life or in another lifetime,  
Will achieve all the wishes of samsara and beyond samsara.

Jigten Jigten Le De Goe Pa Kun Drub Gyur

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PRAISE

Thug Je'I Wang Ch'Ug Khor Che Deng Dir Gong  
Dag Gi Tso Jye Kha Nyam Semchen Nam  
Sid Pai Damle Nyur Drol La Med Kyi  
Jangchub Nyu Gu Gyue La Kyed Dze Sol

Please heed my prayers, Lord of Compassion and your Retinue;  
Please liberate all the infinite numbers of sentient beings,  
Vast like space, including myself, from the mud of samsara  
And cause the seedling of enlightenment to grow within us.

May the light of your great compassion dispel all the veils of  
Karma, afflicting emotions and obscurations to Buddhahood  
Which have been accumulated through many lifetimes

Lead us in an instant to the presence of Amitabha  
And establish us in the ultimate state of peace and happiness.

Tse Rab Ne Sag Le Nyon Shidrib Kun  
Thug Je'I Zergyi Chil De Ke Chig La  
Nang Thaye Kyi Chen Ngar Rab Drang Ne  
Ten De'I Go Phang Chog La Gue Dze Sol